

St. Rose Philippine Duchesne parish is now accepting applications for the March 2nd – 5th, 2023 Men's ACTS Retreat weekend. This parish-based retreat offers the opportunity to renew your spirituality, to strengthen your faith and its application in your daily life, and to build lasting friendships among members of the parish community. It is presented by your fellow parishioners.

The retreat begins Thursday evening, March 2nd with a sendoff 6:00 pm in Church at St. Rose Philippine Duchesne. Transportation will be provided to and from the retreat center in Florissant, MO. The retreat concludes at the 10am Mass on Sunday, March 5th with a reception following. Approximately 10- 14 days prior to the Retreat, you will receive a letter describing what to bring with you (clothing, reading material, etc.) for the weekend.

The cost for each retreatant is \$290.00. A deposit of \$100.00 is requested to reserve your place. The balance, \$190.00, will be due at the time of check-in on Thursday, March 2nd. **Financial difficulties should not prevent anyone from attending this retreat.** If you wish to inquire about special arrangements or need more info, please contact any of the following:

Director- Joe Murphy (314) 283-3025

Co-Directors- Tim Holschen (314) 601-5612
and James Wisa (314) 736-8008

Father John Nickolai (314) 837-3410

Please make checks payable to:
St. Rose Philippine Duchesne Church or SRPD, (in the memo line please write ACTS Retreat) and send or deliver this reservation form and deposit fee to the parish office at:

**St. Rose Philippine Duchesne
1210 Paddock Drive
Florissant, MO 63033**

**ACTS Retreat -St. Rose Philippine Duchesne
1210 Paddock Drive
Florissant, MO 63033**

RESERVATION INFORMATION

Name: _____

Parish: _____

Address: _____

City: _____

Zip Code: _____

Cell Phone # _____

Home Phone # _____

Work Phone #. _____

Primary Email Address:

**Any special physical, dietary, medical or
other needs for the retreat weekend?**

EMERGENCY CONTACT INFORMATION:

Name: _____

Relationship: _____

Cell Phone # _____

Home Phone # _____

Work Phone # _____

ALTERNATE CONTACT INFORMATION:

Name: _____

Relationship: _____

Cell Phone # _____

Home Phone # _____

Work Phone # _____

**St. Rose Philippine
Duchesne Men's
ACTS Retreat**

**Pallottine Renewal
Center**

Florissant, MO 63034

March 2nd – 5th, 2023



St. Rose Philippine Duchesne

ACTS Men's Retreat

March 2nd - 5th, 2023

The ACTS (Adoration, Community, Theology, and Service) Retreat movement began in San Antonio, Texas, in 1997 and came to St. Louis in the early 2000's. It is now thriving in over 65 parishes in St. Louis and starting in many other cities. Popularity keeps increasing with ACTS Retreats because they are parish-based, uplifting and faith-enriching weekends. Part of the ACTS purpose is assisting parishes and parishioners in spreading the Gospel of Jesus Christ among Catholic communities with faith filled enrichment and fellowship by promoting, facilitating, and sponsoring ACTS retreats. As we find in the reading from: Acts 2:42-47.

Adoration

A response to God's love through prayer and worship.

Community

Participating in the One Body of Christ as Church.

Theology

Deepening our relationship with God in order to better fulfill his will.

Service

Answering the call to discipleship by following the model He gave us.



Frequently Asked Questions:

Q: How Long is the retreat and what do I prepare for?

A: The retreat begins in church on Thursday night at 6:00pm and is complete at 10am Mass on Sunday at St. Rose Philippine Duchesne. Bring very casual, comfortable clothing. While most of the activities take place indoors, you will likely spend some time outdoors. Also, pack things you would typically bring for a short trip such as toiletries, medications, etc. Bedding and towels are provided, but you might want to pack a pillow and extra towel if you like. Also bring clothes appropriate for Mass on Sunday.

Q: What about accommodations, and meals?

A: You have a private room with private restrooms & showers. Three daily meals will be served. Plenty of snacks, water, soda, and coffee will be provided.

Q: Are there any requirements for making the retreat?

A: All adults must be 21 years or older are invited, Catholics and non-Catholics, In or out of the parish. The only requirement is a willingness to spend more time with God and fellow parishioners.

Q: How is the retreat run?

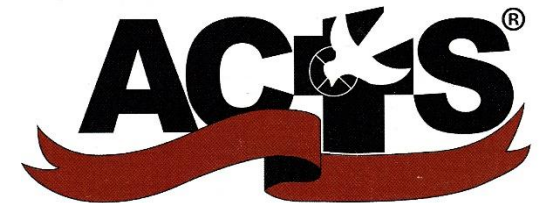
A: Your fellow parishioners will run the retreat. They spend time prior to the retreat, meeting weekly and preparing spiritually for the retreat, as well as handling most of the planning and logistics for the weekend. Each team has a priest who has a role in the weekend as well.

Q: So, what exactly happens on the retreat? What activities? Is it silent? If not, am I required to participate?

A: This is a little different. Part of the blessing and enjoyment of the weekend is discovering what it means to you as it happens. For this reason, it's hard to go into specifics. There is prayer, reflection, Mass, opportunity for sacraments and discussion. You can choose to participate in the discussion as much or as little as you like. People are different, so their experience and reaction to the retreat differs, but if you talk to men and women who have been on the retreat, you'll see that responses are typically very positive.

Q: So, if I go on the retreat, am I required to participate more in the future? Do I have to do certain things? Do I have to be on a retreat team or be involved in other retreat centered activities?

A: The short Answer is no; you don't have to do anything after the retreat. Hopefully during your retreat, you learn things about your faith, yourself, and the way others practice their faith. The goal isn't to build a larger parish retreat group; it is for you to build a stronger relationship with Jesus and with others in the parish community.



•ADORATION•COMMUNITY•THEOLOGY•SERVICE•